

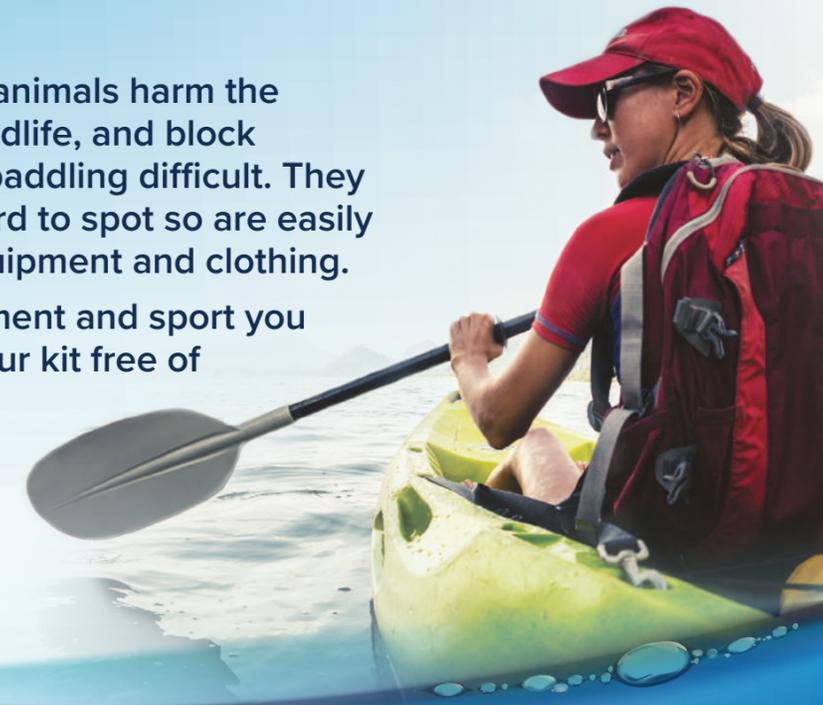
# ATAL YR YMLEDIAD STOP THE SPREAD

Mae planhigion ac anifeiliaid ymosodol yn achosi niwed i fywyd gwylt a'r amgylchedd, ac yn blocio dyfrffyrdd a all wneud padlo'n anodd. Gallant fod yn fychan ac anodd eu canfod felly mae'n hawdd iddynt ledaenu ar offer a dillad tamp.

Cofiwch ddiogelu'r amgylchedd a'r gweithgareddau a fwynhewch drwy gadw'ch offer yn rhydd rhag planhigion ac anifeiliaid ymosodol.

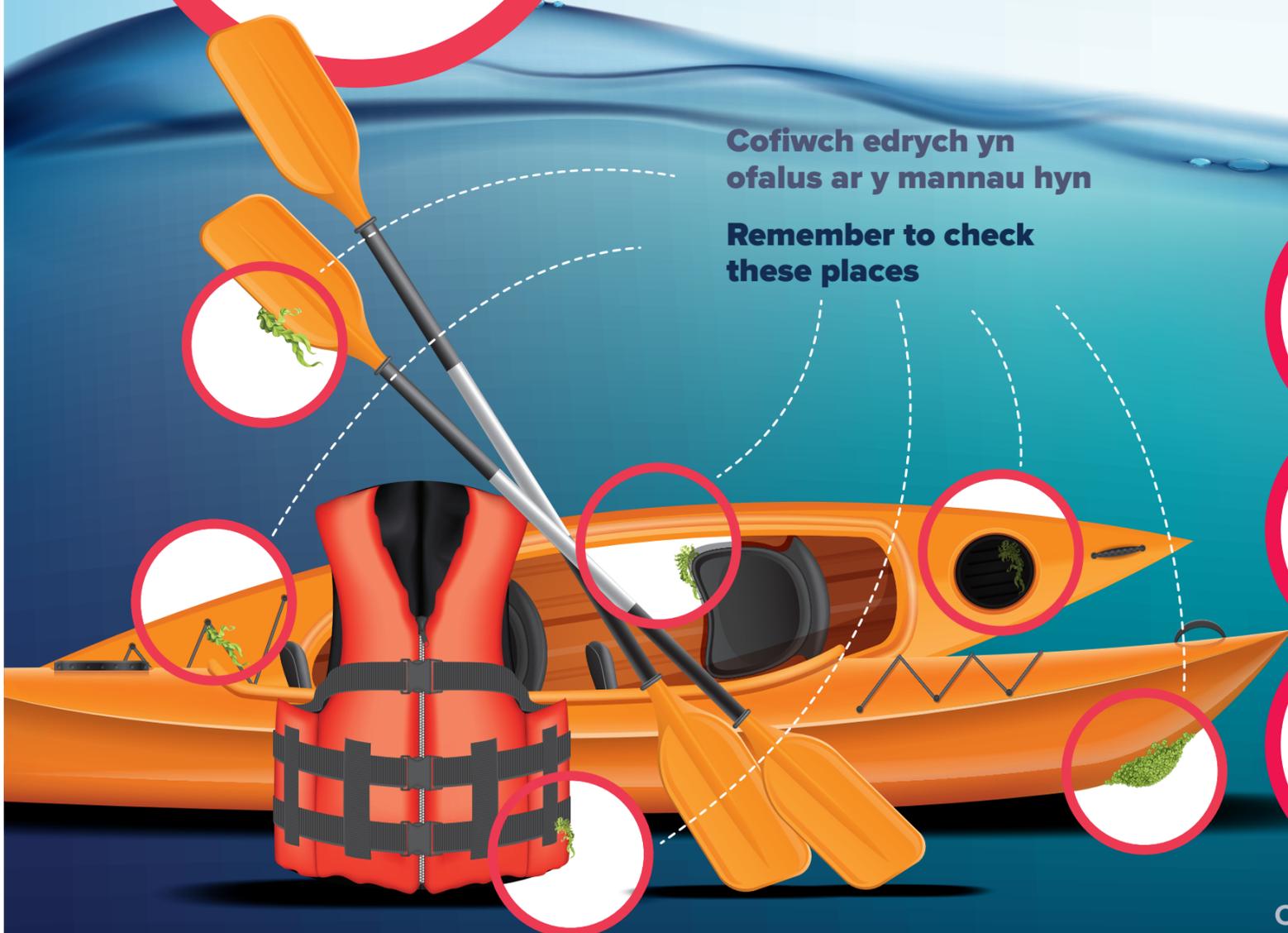
Invasive plants and animals harm the environment and wildlife, and block waterways making paddling difficult. They can be small and hard to spot so are easily spread on damp equipment and clothing.

Protect the environment and sport you enjoy by keeping your kit free of invasive plants and animals



**Cofiwch edrych yn ofalus ar y manau hyn**

**Remember to check these places**



## EDRYCH CHECK

**Edrychwch** ar eich cychod, eich offer a'ch dillad ar ôl dod allan o'r dŵr gan chwilio am fwd, anifeiliaid dŵr neu ddeunydd planhigion. Tynnwch unrhyw beth y byddwch yn ei ddarganfod, a'i adael ar y safle.

**Check** boats, equipment and clothing after leaving the water for mud, aquatic animals or plant material. Remove anything you find and leave it at the site.

## GOLCHI CLEAN

**Golchwch** bopeth yn drylwyr cyn gynted ag y gallwch, gan roi sylw i du mewn eich cwch, a manau sy'n damp ac yn anodd mynd atynt. Defnyddiwch ddŵr poeth os gallwch.

Clean everything thoroughly as soon as you can, paying attention to the inside of your boat, and areas that are damp and hard to access. Use hot water if you can.

## SYCHU DRY

**Sychu** - draeniwch ddŵr o bob rhan o'ch cwch a'i sychu gydag ysbwng neu dywel cyn gadael y safle. Sychwch bopeth cyn hired â phosibl cyn eu defnyddio yn rhywle arall gan y gall rhai planhigion ac anifeiliaid ymosodol orosi am bythefnos dan amodau tamp.

Dry – drain water from every part of your boat and dry with a sponge or towel before leaving the site. Dry everything for as long as possible before using elsewhere as some invasive plants and animals can survive for two weeks in damp conditions.

Cadwch lygad am:  
Watch out for:



Misglen Quagga  
Quagga mussel



Perdysen Reibus  
Killer shrimp



Dail-ceiniog arnofiol  
Floating pennywort

